

S & S RESTAURANT LUNCH TAKE OUT MENU

**Lunch Take Out Available
Mon-Sat, 11am to 4 pm**

Phone 617.354.0777

Fax 617.354.6924

www.sandsrestaurant.com

*Please call for daily specials,
and for our catering menu.*



A GREAT FIND SINCE 1919

soups

*Call for the
Soup du Jour*

French Onion Soup

bowl 4.95

Served in a crock with
imported Swiss cheese

New England Clam Chowder

cup 3.50 bowl 4.50

Chock full of clams & potatoes
served Fri., Sat., Sun.

Homemade Chicken Soup

cup 3.50 bowl 4.50

Traditional and medicinal.
Hearty chicken with rice and carrots

Matzo Ball Soup *bowl 4.95*

A delicious bowl of
Grandma's favorite

Borscht *bowl 3.95*

A chilled beet soup and a dollop
of sour cream

quiches

Lorraine or Spinach \$8.95

Prepared daily and served
with french roll or pita bread.
Enjoy a generous slice with
one of the following salads

Tossed Salad, Greek Salad,
or Caesar Salad

appetizers

Boneless S&S Wings 6.95	Potato Skins 6.95
Hot, sweet and spicy, bleu cheese dressing, celery garni	Bacon and cheddar cheese, scallions, house dip
Boneless Buffalo Wings 6.95	Onion Rings 5.95
Hot, spicy, bleu cheese dressing, celery garni	Homemade rings, breaded and deep fried
S&S Wings 8.95	Hummus 4.95
Hot, sweet and spicy, bleu cheese dressing, celery garni	All natural, olives, Bermuda onion and pita bread
Buffalo Wings 8.95	Chopped Liver 5.95
Hot, spicy, bleu cheese dressing, celery garni	Traditional spread with crackers
Shrimp Cocktail 7.95	Knishes 4.95
Five large shrimp, cocktail sauce	Three hot beef knishes
	Potato Knish 3.95
	Large New York style
	Fresh fruit 2.95
	A mix of the season's best

fresh salads

All salads are served with french roll or pita bread and choice of dressing.

Wild Maine Salad 8.95	Chatham Salad 8.95
Grilled chicken, fresh mozzarella wild Maine blueberries, pecans, blueberry vinaigrette	Grilled chicken, mixed greens, cranberries, pecans, bleu cheese, raspberry vinaigrette
Chef Julienne Salad 8.95	Cobb Salad 8.95
Diced turkey, ham, Swiss and American cheese, hard-boiled egg, green pepper and tomato	Diced turkey, tomato, hard-boiled egg, avocado, bacon bits and bleu cheese
Buffalo Chicken Salad 8.95	Asian Chicken Salad 8.95
Chicken tenders, mixed greens and bleu cheese	Grilled chicken, mandarin oranges, garden vegetables, peanuts, noodles, orange sesame dressing
Citrus Salad 8.95	Greek Salad 7.95
Grilled chicken, mixed greens, mandarin oranges, pecans, lemon grass vinaigrette	Feta cheese and calamati olives
Fresh Fruit Salad 8.95	Chicken or Tuna Salad Bowl 8.95
Cantelope, honey dew, pineapple, fresh berries, sweet cream dipping sauce	Tomato, cucumber, hard-boiled egg, onion, pepper and croutons

S & S RESTAURANT LUNCH ENTREES

beef

N.Y. Sirloin **9.95**
8 oz. choice boneless cut of sirloin steak. Served with rice pilaf and garden salad

Sirloin Tips **9.95**
Choice cuts of sirloin, marinated. Served with rice pilaf and garden salad

barbeque

BBQ Baby Back Ribs **9.95**
Half rack of pork ribs smoked and fire grilled till tender. Served with french fries and cole slaw

BBQ Chicken **9.95**
Half chicken fire grilled to perfection. Served with french fries and coleslaw

chicken

Herb Roasted Chicken. **9.95**
Half Chicken marinated in mixed herbs and spices. Served with mashed potatoes and garden salad

Skewered Chicken **9.95**
Teriyaki marinade, mushrooms, peppers, onions and tomatoes. Served with rice pilaf and garden salad

Stuffed Chicken Breast **9.95**
Boneless chicken filled with raisins, cheese, bread crumbs and spices. Served with Supreme sauce, rice pilaf and garden salad

Chicken Parmigiana **9.95**
Tender chicken, boneless and fried, with marinara sauce and melted mozzarella. Served with penne pasta and garden salad

fresh seafood

All of our fish is the finest quality available, brought to our kitchen direct from the Boston piers.

Fish & Chips **9.95** **Salmon** **10.95**
Fresh fried Boston scrod. Served with french fries and cole slaw
Fresh filet lightly crumbed and broiled. Served with rice pilaf and cole slaw

Seafood Casserole **10.95** **Grilled Salmon** **10.95**
Haddock, scallops, shrimp with garlic butter, sherry and cheese, lightly crumbed and baked. Served with rice pilaf and cole slaw
Fresh filet marinated with soy, ginger and garlic. Served with rice pilaf and cole slaw

Boston Scrod **11.95** **Salmon Kabobs** **9.95**
Fresh filet of scrod, lightly crumbed and broiled. Served with rice pilaf and cole slaw
Citrus marinade, eggplant, mushrooms, peppers, onions and tomatoes. Served with rice pilaf and cole slaw

Haddock **11.95** **Fried Shrimp** **9.95**
Fresh filet lightly crumbed and broiled. Served with rice pilaf and cole slaw
Medium shrimp fried golden brown with tartar sauce. Served with french fries and cole slaw

Haddock Fry **11.95** **Atlantic Scallops** **11.95**
Fresh filet fried golden brown. Served with french fries and cole slaw
Baked with seasoned bread crumbs. Served with rice pilaf and cole slaw

gourmet pizza

Deep dish, cornmeal crust. Served with a small caesar salad.

Gulf Shrimp **9.95**
Broccoli, caramelized onions, tomato, and pesto

Grilled Portobello Mushroom **8.95**
Caramelized onions, tomato, and pesto

Sauteed Spinach **8.95**
Mushrooms, caramelized onions, tomato, and pesto

Broccoli Floret **8.95**
Mushrooms, tomato, and pesto

Three Cheese **7.95**
Mozzarella, monterey jack, and parmesan

caesar salad

Our Caesars are made with romaine lettuce, croutons, parmesan cheese, tomatoes and our special dressing. Served with french roll or pita bread.

Chicken Caesar **8.95**
Grilled chicken breast

Salmon Caesar **8.95**
Poached fresh salmon

Shrimp Caesar **8.95**
Chilled gulf shrimp

Large Caesar **6.95**

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

S & S RESTAURANT LUNCH TAKE OUT MENU

deli traditions

Reuben 9.95 Corned beef, Swiss cheese, Russian dressing, sauerkraut on marble rye with cole slaw and chips	Nova Scotia Lox 10.95 Egg wedges, lettuce, tomato, cucumber, red onion, bagel and cream cheese
Hot Pastrami & Swiss 9.95 Marble rye, cole slaw and french fries	Smoked Whitefish 12.95 Center cut, egg wedges, lettuce, tomato, cucumber, red onion, bagel and cream cheese
Rachel 9.95 Roast turkey, Swiss cheese, Russian dressing, sauerkraut on marble rye with coleslaw and chips	Chopped Liver 10.95 Egg wedges, cole slaw, red onion, cucumber and tomato with rye bread
Ma's Roast Beef 9.95 Russian dressing, lettuce, tomato, on an onion roll with coleslaw and french Fries	Cheese Blintzes 9.95 Sour cream or applesauce and fresh fruit
Monte Cristo 9.95 Grilled ham, turkey, Swiss cheese, dipped in egg batter, french fries, fresh fruit and strawberry preserves	Potato Pancakes 9.95 Our homemade recipe. Sour cream or applesauce and fresh fruit
Pearl Knockwurst & Beans 10.95 Pot of Boston baked beans and creamy cole slaw with rye bread	

wraps & roll-ups

All wraps and roll-ups are served on spinach or herb tortilla bread with Cape Cod chips and fruit

Caesar's Wrap 7.95 Grilled chicken sliced, romaine, tomato, parmesan, croutons and Caesar dressing	Cape Cod Wrap 7.95 Roasted turkey, Swiss cheese, romaine, tomato and cranberry relish
Greek Wrap 7.95 Chopped feta, tomato, cucumber, field greens, Bermuda onion, calamati olives and Greek dressing	French Wrap 7.95 Rare roast beef, roasted red peppers, romaine, tomato and boursin cheese
California Wrap 7.95 Turkey, romaine, tomato, avocado, bacon, bleu cheese and raspberry vinaigrette	Chicken Salad Wrap 7.95 Chicken salad, grapes, nuts, romaine and tomato
Asian Wrap 7.95 Grilled chicken, mandarin oranges, garden vegetables, peanuts, noodles, lettuce and orange sesame dressing	Tuna Salad Wrap 7.95 Chunk white tuna, romaine and tomato
	Portobello Wrap 7.95 Marinated mushroom, field greens, tomato, fresh mozzarella and garlic spread

grilled chicken

All of our 6 oz. grilled chicken breasts are served on a french roll with lettuce, tomato, fresh fruit and french fries.

Chicken Dijon 8.95 Dijon marinade, cheddar cheese and bacon
Chicken Florentine 8.95 Jarlsberg cheese, spinach and caramelized onions
Chicken Cordon Bleu 8.95 Canadian bacon and Swiss cheese
Grilled Chicken Sandwich 8.50 Marinated, char-broiled chicken breast
Chicken Parm Burger 8.95 Tender fried chicken, marinara sauce and mozzarella
Buffalo Chicken Sandwich 8.95 Tender fried chicken, hot and spicy
S&S Chicken Sandwich 8.95 Tender fried chicken, hot, sweet and spicy.

sides

Large Garden Salad 5.95 with roll
Greek Salad 3.95 with pita bread
Caesar Salad with roll 3.25
Garden Salad with roll 2.95
Vegetable du Jour 1.95
Rice Pilaf 1.95
French Fries 1.95
Chopped Liver 5.95 Traditional spread with crackers
Knishes 4.95 Three hot beef knishes
Potato Knish 3.95 Large New York style
Homemade Cole Slaw 1.95
Red Bliss Potato Salad 1.95
Half Sour Pickles 1.95

S & S RESTAURANT LUNCH TAKE OUT MENU

three deckers

All three-deckers are served with cole slaw, Cape Cod chips and half sours

1. Roast Turkey and Havarti Dill Cheese 9.95

Russian dressing, lettuce and tomato

2. Turkey and Avocado 9.95

Swiss cheese, lettuce and tomato

3. Smoked Turkey and Swiss 9.95

Honey mustard, lettuce and tomato

4. Roast Beef and Boursin 9.95

Lettuce and tomato

5. Roast Beef and Cheddar Cheese 9.95

Russian dressing, lettuce and tomato

6. Corned Beef, Tongue and Swiss Cheese 9.95

Russian dressing, lettuce and tomato

7. Corned Beef and Chopped Liver 9.95

Lettuce and tomato

8. Roast Turkey and Chopped Liver 9.95

Lettuce and tomato

9. Turkey, Baked Ham and Swiss 9.95

Lettuce and tomato

10. Knockwurst, Hot Pastrami and Swiss cheese 9.95

sandwiches

Served on your choice of dark rye, cissel, marble rye, wheat, white, egg roll, onion roll, pita bread, bagel, french bread, or rustic focaccia. croissant (add .50).

Cheeses: Havarti Dill .40 / Swiss Cheese .40 American Cheese .30 Boursin .40 / Lettuce and Tomato .35 Cole Slaw on Sandwich .50

Corned Beef	5.95	Genoa Salami	4.95
Turkey	5.25	Pearl Salami	4.95
Roast Beef	5.25	Pearl Knockwurst	4.95
Hot Pastrami	5.95	Chopped Liver	5.95
Smoked Turkey	5.25	Tongue	7.95
Tuna Salad	5.25	Grilled Tuna & Cheese	5.50
Chicken Salad	5.25	Grilled Cheese	4.95
Imported Ham	5.25	With bacon & tomato	
BLT	4.95	Grilled Cheese	3.95
Egg Salad	4.95	1/4 lb Cheeseburger	6.95
Hummus	4.95	French fries, lettuce and tomato	

Substitutions for this page:

French fries for chips add .75, tossed salad or fresh fruit for cole slaw add .95

clubs

These three-deckers are layered with bacon, lettuce and tomato; served with Cape Cod chips and half sours.

Turkey Club 8.95

White meat turkey breast

Salmon Club 8.95

Brie and horseradish mayo

Tuna Club 8.95

Solid albacore

Cheeseburger Club 8.95

The All-American

Chicken Club 8.95

Grilled chicken breast

burgers

All of our burgers are 7 oz. of fresh ground sirloin. Served on a french roll, lettuce, tomato, cole slaw, french fries and half sour pickle.

Classic Burger 9.95

Bacon and monterey Jack cheese

Jarlsberg Burger 9.95

Imported Swiss cheese, mushrooms

Brie Burger 9.95

Brie, roasted red peppers, mushrooms

Havarti Burger 9.95

Havarti dill cheese, caramelized onions and mushrooms

Boursin Burger 9.95

Boursin, spinach, caramelized onions

Canadian Burger 9.95

Canadian bacon and muenster cheese

Mozzarella Burger 9.95

Fresh mozzarella, marinara sauce

Cheeseburger 8.95

Our same great burger with American cheese or Norwegian Swiss

Gardenburger®

(can be substituted for all burgers)

BREAKFAST SERVED ALL DAY & ALL NIGHT

breakfast specials

Steak & Eggs 12.95	Bavarian French Toast 9.95
8 oz. N.Y. sirloin steak, two eggs any style, home fries, fresh fruit, bagel and cream cheese	French toast filled with cream cheese and strawberry jam, bacon or sausage and fresh fruit
Quiche Lorraine 9.95	Croissant French Toast 9.95
Home fries, fresh fruit, bagel and cream cheese	Cinnamon and sugar, bacon or sausage and fresh fruit
Corned Beef Hash & Eggs 9.95	Blueberry Pancakes 9.95
Two poached eggs, fresh fruit, bagel and cream cheese	Pancakes with native blueberries, bacon or sausage and fresh fruit
Brunch Eggs 8.95	Pancakes 8.95
Two eggs, any style; bacon, ham or sausage, home fries, fresh fruit, bagel and cream cheese	Three large griddle cakes, bacon or sausage and fresh fruit <i>Ask your server for the Pancake Special of the Day</i>
French Eggs 9.95	French Toast 8.95
Fresh croissant filled with scrambled eggs; Canadian bacon, home fries and fresh fruit	Thick cut egg bread, bacon or sausage and fresh fruit

omelettes

Omelettes served with home fries, fresh fruit, bagel and cream cheese. Egg-beaters™ and lite cream cheese available.

Nova Scotia Omelette 10.95	English Omelette 9.95
Nova Scotia lox and sauteed onions	Cheddar cheese, bacon, onions and tomatoes
Inman Omelette 10.95	Havarti Omelette 9.95
Diced ham, green peppers, onions, mushrooms and cheese	Havarti dill cheese, spinach, mushrooms and onions
Danish Omelette 9.95	Pesto Omelette 9.95
Thinly sliced imported ham, cheese, onions and tomatoes	Jarlsberg cheese, broccoli, mushrooms and onions
Portabello Mushroom Omelette 9.95	Boursin Omelette 9.95
Pesto, fresh mozzarella, broccoli, onions and tomatoes	Boursin cheese, spinach, mushrooms and tomatoes
Continental Omelette 9.95	Alpine Omelette 9.95
Jarlsberg cheese, mushrooms and onions	Muenster cheese, mushrooms, onions and tomatoes
Western Omelette 9.95	Garden Omelette 9.95
Diced ham, green peppers and onions	Egg Beaters™, Havarti dill cheese, broccoli, spinach, mushrooms, onions and tomatoes

house drinks

Freshly Squeezed Orange Juice 3.25
Cappuccino 2.95
Rich, hot espresso topped with steamed milk and cinnamon
Bloody Mary 5.95
Hot, spicy and snappy
Mimosa 5.95
Champagne and freshly squeezed orange juice
Strawberry Mimosa 5.95
Champagne and strawberries

deli

Cheese Blintzes 9.95
Sour cream or applesauce and fresh fruit
Potato Pancakes 9.95
Our homemade recipe. Sour cream or applesauce and fresh fruit

bagels

Choose from egg, poppy seed, garlic, onion, marble, sesame, raisin and plain.

Nova Scotia Lox 10.95
Egg wedges, lettuce, tomato, cucumber, red onion, bagel and cream cheese
Smoked Whitefish 12.95
Center cut, egg wedges, lettuce, tomato, cucumber, red onion, bagel and cream cheese
Bagel & Lox 7.95
Nova Scotia lox and cream cheese
Bagel & Lox Spread 2.50
Nova Scotia lox blended with cream cheese
Bagel & Cream Cheese 1.95
Plain, chive, veggie or lite

S & S RESTAURANT DESSERT MENU

cheesecakes

Turtle Cheesecake 4.95	Orange Creamsicle Cheesecake 4.95
New York style with caramel, chocolate and pecans	White chocolate layered on creamy orange cheesecake
Ice Cream Sundae Cheesecake 4.95	Plain cheesecake 4.95
New York Style with chocolate crust, fudge, whipped cream and nuts	New York style with strawberry sauce

our best cakes

Boston Cream 4.95	Lemon Layer Cake 4.95
Golden cake with vanilla custard and chocolate frosting	Lemon cake with lemon filling and butter cream frosting
Carrot Cake 4.95	Mile High Chocolate Cake 5.95
Carrot-raisin cake with cream cheese frosting and nuts	Chocolate cake with chocolate filling and dark chocolate frosting

pies

Chocolate Peanut Butter Pie 4.95	Mississippi Mudd Pie 3.95
Deep dish chocolate with peanut butter cups	Chocolate and mocha ice cream with fudge
Key Lime Pie 4.95	Oreo Cookie Pie 3.95
Refreshing Key lime tart in a granola crust	Oreo cookies and vanilla ice cream

take out beverages

Canned Sodas 1.25	Fountain Soda 1.50
Coke, Diet Coke, Sprite, Diet Sprite, Ginger Ale	Brewed Iced Tea, Iced Coffee
Nantucket Nectars 1.95	Cappuccino 2.95
Apple, Cranberry, Mango, Lemonade	Espresso 1.95
Snapple Ice Tea 1.50	Fresh Roast Coffee
IBC Root Beer 1.50	sm. 1.45 med. 1.65 lg. 1.85
Poland Spring water 1.25	Hot Tea
Saratoga Sparkling water 1.50	sm. 1.45 med. 1.65 lg. 1.85
Just Pict	Herbal Teas
Fresh Orange Juice 1.50	sm. 1.45 med. 1.65 lg. 1.85
Fresh Odwalla Juice 3.50	Hot Chocolate 1.95

cookies and bars

Dessert Bars 1.75
Walnut Brownie, Cookies and Cream, Peanut Butter, Lemon Squares, Melt Aways, Caramel Toffee, Hazelnut
Jumbo Homemade Cookies 1.50
Chocolate Chip, Oatmeal Raisin, Peanut Butter, M&M, Sugar, White Chocolate Macademia Nut
Gourmet Cookies .95
Chunk Chocolate Chip, Florentine, Bridal Almond, Shortbread, Butter Walnut

favorites

Chocolate Mousse Cake 4.95
Chocolate fudge with white and milk chocolate mousse
Triple Chocolate Truffle 4.95
Chocolate cake with chocolate mousse and chocolate glaze
Chocolate Lava Divine 5.95
Warm molten chocolate filled with chocolate truffle, vanilla ice cream and whipped cream
Apple Pie 4.95
Warm and tart fresh apples topped with cinnamon struessel
a la mode 5.50
Homemade Grapenut Pudding 3.95
Egg custard and grape nuts with whipped cream

BEERS, FINE WINES AND FROZEN DRINKS ARE NOT AVAILABLE FOR TAKE OUT. A FULL BAR IS AVAILABLE IN THE RESTAURANT.

All prices subject to state tax. For parties of eight or more an 18% gratuity will be added to your check